

# Trustmark Life + Long-Term Care

Life + Long Term Care (LTC) combines the benefits of life insurance with living benefits which can be utilized for long-term care services once you are in need of assistance with two or more Activities of Daily Living (bathing, dressing, eating, toileting, transferring, continence), or have a cognitive impairment like dementia or Alzheimer's.

LTC insurance will pay for care received at home, in a nursing home or assisted living facility.



**67%** of Americans who reach age 65 will require LTC at some point in their lives<sup>1</sup>. Between the ages of 18-64, your risk of needing LTC is **40%**<sup>2</sup>.



Nursing home costs average \$127,750 per year<sup>3</sup> and  
Other Benefits do not Cover LTC Expenses



Long Term Care Insurance (LTC)



Long Term Disability (LTD)



Health Insurance



Medicare

## What is Your Strategy to Pay for Long Term Care?



### Private Pay

Pay for care from your savings.



### LTC Insurance

A policy will help protect your savings, retirement, and home.



### Medicaid / Medi-Cal

LTC Services for people with limited income.

# AV's Life + LTC Plan

AV has partnered with LTC Solutions, Inc., an expert in the long-term care insurance marketplace, and Trustmark, a well-established carrier in the industry. Together, we bring you the opportunity to purchase a valuable life + LTC plan with group plan advantages.

## Eligibility

**Benefit eligible employees** working 30+ hours per week ages 18-70 can apply with Guarantee Issue up to \$125,000 of Life Insurance Benefit and employees ages 18-75 can apply up to \$150,000 Life Insurance Benefit with Modified Guarantee Issue.

**Spouses and domestic partners** of employees can apply for up to \$25,000 with Guarantee Issue. Employee must apply for spouse or domestic partner to apply. Spouse and domestic partner coverage cannot exceed employee coverage.

## Plan Overview

| Life Insurance Benefit                                 | \$50,000                                                                                                                                        | \$100,000 | \$150,000 |
|--------------------------------------------------------|-------------------------------------------------------------------------------------------------------------------------------------------------|-----------|-----------|
| LTC Monthly Benefit                                    |                                                                                                                                                 |           |           |
| 6% of the Life Insurance Benefit for Professional Care | \$3,000                                                                                                                                         | \$6,000   | \$9,000   |
| 2% of the Life Insurance Benefit for Family Care       | \$1,000                                                                                                                                         | \$2,000   | \$3,000   |
| Accelerated Death Benefit For LTC                      | 17 Months                                                                                                                                       |           |           |
| Extension of LTC Benefit                               | 17 Months                                                                                                                                       |           |           |
| Total LTC Benefit Duration                             | 34 Months                                                                                                                                       |           |           |
| Total LTC Benefit Amount                               | \$100,000                                                                                                                                       | \$200,000 | \$300,000 |
| Elimination Period                                     | 90 Days                                                                                                                                         |           |           |
| Restoration of Benefits<br>Available Issue Ages 18-70  | Fully restores the death benefit reduced by LTC each time a benefit is paid out. Allows beneficiaries to receive the full current death benefit |           |           |

**For More Information, Rates,  
and to Apply for Coverage, visit:**

[www.myltcguide.com/av](http://www.myltcguide.com/av)



<sup>1</sup> US Department of Health and Human Services. "National Clearinghouse for Long Term Care Information." 2011.

<sup>2</sup> Long Term Care. AHRQ Focus on Research. AHRQ Pub No. 02-M028, March 2002. Agency for Healthcare Research & Quality

<sup>3</sup> Genworth Cost of Care Survey; Estimates for 2025 based on 3% annual inflation rate